

Level Two (3-5 years of sewing experience)

This level includes a simple garment. *A simple garment would not have a zipper, set-in sleeves, buttons and buttonholes, applied waistband or collars.*

Focus on these Skills:

- Continue to add equipment to your sewing box
- Style and design best for your figure type
- Identify and use pressing equipment
- Make a simple pattern alteration
- Identify types of interfacing and uses
- Select a pattern, fabric, interfacing, and notions
- Identify pattern marking
- Clean finish a facing
- Grade and trim a seam
- Under stitch a facing
- Make a dart
- Press your garment as you sew

Recommended Projects to Sew:

- Simple garment
- Jumper
- Dress
- Skirt, pants or shorts with elastic waist
- Simple Top
- Pajamas

Suggested Fabrics:

- Flannel
- Cotton/Polyester
- Linen



Date

Level Three (6-8 years of sewing experience)

This level will include some of these construction skills on the garment: zipper, set-in sleeves, applied waistband, lined vest, collar, buttons and buttonholes.

Focus on these Skills:

- Add to the construction skills notebook
- Add to fabric collection notebook
- Continue to add equipment to your sewing box
- Put in a zipper
- Set in sleeves
- Apply a waistband
- Line a vest
- Construct and apply a collar
- Trim and grade points
- Press curves and points
- Make a series of buttonholes
- Make a patch pocket
- Apply shoulder pads
- French Seams
- Lapped Zipper
- Pleats & Tucks



Recommended Projects to Sew:

- Skirt
- Shorts
- Pants
- Blouse
- Shirt
- Top
- Vest
- Unlined jacket, Jumper or dress

Suggested Fabrics:

- Slippery Fabrics
- Velvet
- Polyester
- Denim

Date

Level Four (9-12 Years or more of sewing experience)

This level will include any of the construction skills listed in level three, plus any other skills the contestant selects for the garment.

Focus on these Skills:

- Tailoring skills
- Bound buttonholes
- Welt pockets
- Underlining
- Invisible Zipper
- Linings
- Uneven plaids
- Thread eyes and belt loops
- Flat Fell Seams
- Boning
- Cording/Piping
- Appliqué
- Machine embroidery
- Continuous bound placket

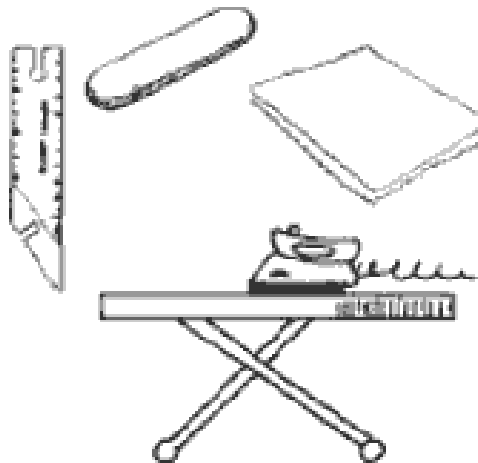
- Invisible zipper
- Thread the serger and identify parts
- Parts of the serger

Recommended Projects to Sew:

- Lined suit or coat or dress
- Party or evening wear
- Bathing Suits
- Special embellishments
- Garment made from a specialty fabric (sequins, satins, brocades, tapestry, velvet, etc.)
- Garments made from advanced patterns such as Vogue

Suggested Fabrics:

- Sheer Fabrics
- Satins
- Silks
- Wool
- Knits
- Spandex
- Brocades
- Tapestry
- Sequins
- Beading



Date