



# Connecticut 4-H Record Keeping



## 4-H ACTIVITY RECORD

An Activity Record is a “snapshot or summary” of your entire 4-H year. List your 4-H activities for this year only. Record your activities at the time you do them. Keep this 4-H Activity Record with your project records. When compiling your current year’s records, the Activity Record Sheet is placed first, or on top of, the other record sheets you use that year. Use only one Activity Record for each 4-H program year even though you may be in more than one club and have more than one project.

Name \_\_\_\_\_ Age as of January 1<sup>st</sup> \_\_\_\_\_

Years in 4-H (Counting this year) \_\_\_\_\_ 4-H Program Year \_\_\_\_\_

Independent member \_\_\_\_\_

	Meetings Held	# Attended
Club Business meetings _____	_____	_____
Project meetings _____	_____	_____
Project meetings _____	_____	_____
Project meetings _____	_____	_____

**GENERAL 4-H GOALS** In addition to project goals, 4-Hers, to be members in good standing should have a goal related to their general 4-H involvement. DO NOT choose a goal related to your project. Circle one of the goals listed below or choose your own and explain how you are going to achieve it.

My general goal for 4-H this year is \_\_\_\_\_ (check one)

- |  |   |   |  |
|--|---|---|--|
| <input type="checkbox"/> Public speaking | <input type="checkbox"/> Community Service  | <input type="checkbox"/> Fair participation | <input type="checkbox"/> Teen leadership |
| <input type="checkbox"/> Leadership      | <input type="checkbox"/> Club participation | <input type="checkbox"/> 4-H promotion      | <input type="checkbox"/> Other           |

I am going to achieve this goal by \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**COMMUNITY SERVICE** List your 4-H community service efforts. Include things that contribute to the welfare of other individuals or your community.

Date	Activity	Level of Participation (Leadership position or participant, if leadership be specific)	# of Hours Spent (include preparation)	Level*

\*Individual-L; Club-CL; County-C; State-S; Multi-state-M; National-N

**RECOGNITION** List special club, local, county, state or national awards received during the current 4-H year. Complete this section throughout the year. Remember to only list recognition related to this year's 4-H project(s). **FOR NON-ANIMAL PROJECTS** - Include awards received for your 4-H project at non-4-H events and 4-H events. For exhibit awards received at the Fair, summarize by division. **FOR ANIMAL PROJECTS** only list awards in this chart, that are not listed in your Project Record.

Date	4-H Project	Award	Received From?	Level*
00/00	Home Arts Division	6 exhibits- 3 blue, 3 red Danish ribbons	County 4-H Fair	4-HC

\*4-H sponsored events

4-H Club-4-HCL; 4-H County-4-HC; 4-H State-4-HS; 4-H Multi-state-4-HM; 4-H National-4-HN

\* non 4-H sponsored events non4-H Local- L; non4-H County-C; non4-H State-S; non4-H Multi-state-M; non4-H National-N





**Attach one or two selected photographs or news articles. (optional)**